

CONFIDENCE

001

I like who I am becoming.



CONFIDENCE

002

My voice matters, even when it shakes.



CONFIDENCE

003

I can do hard things one step at a time.



CONFIDENCE

004

I am allowed to take up space.



CONFIDENCE

005

I speak kindly to myself.



CONFIDENCE

006

I am proud of the effort I gave today.



CONFIDENCE

007

I do not have to be perfect to be great.



CONFIDENCE

008

I trust myself to figure things out.



CONFIDENCE

009

I am enough, exactly as I am right now.



CONFIDENCE

010

I can raise my hand even if I am unsure.



CONFIDENCE

011

My ideas are worth sharing.



CONFIDENCE

012

I stand tall and breathe slow.



CONFIDENCE

013

I choose courage over comfort today.



CONFIDENCE

014

I am not what other people say about me.



CONFIDENCE

015

I belong in every room I walk into.

